



USATF™

LONG DISTANCE RUNNING

DIVISION REPORTS DECEMBER 2017 EDITION

Upcoming Events:

Dec 3 USATF Marathon Champs (Sacramento, Calif.)
Dec 9 USATF Club XC Champs (Lexington, Ky.)

From the Desk of the Chair, Mike Scott

November was quite the month for fans of long distance running!

November opened with exciting wins by Molly Huddle and Stanley Kipchirchir over star-studded fields at the USATF 5K Championships hosted by the New York Road Runners at the Abbott Dash to the Finish. Huddle rocked a course record 15:24, while Kipchirchir used his closing speed to edge out Tommy Curtin, Kirubel Erassa, and Paul Chelimo 13:57-13:58-13:58-13:58, with 11 total finishers within seven seconds of the national champion.

The following day, Shalane Flanagan blew apart the TCS NYC Marathon over the final 5K to become the first American woman to win in 40 years. Shalane's 2:26:53 winning effort led three additional U.S. women (5th Allie Kieffer 2:29:39, 8th Kellyn Taylor 2:29:56, 10th Stephanie Bruce 2:31:44) into the top 10.

Across the country, Bend (Oregon) residents Renee Metivier and Mario Mendoza won the USATF Marathon Trail Championships in beautiful Moab, Utah.

The following weekend, Camille Herron shattered the existing World Best for 100 miles by running 12:42.39 at the Tunnel Hill 100 Mile. Camille's time was over an hour faster than the previous record of 13:45:49, set by Gina Slaby in 2016.

While Camille was covering the 100 miles, I was attending the Road Race Management Race Director Meetings along with Mickey Piscitelli, Mary Rosado, and Matt Weingardt. During the Friday night dinner, RRM honored Bill Roe with their MarathonFOTO Lifetime Achievement Award then we listened to a keynote address from the IAAF's Alessio Punzi.

November is also the culmination of the collegiate cross country season and I attended my 20th straight NCAA D1 Cross Country Championship in Louisville. The athletes put on an exciting show once again!

In addition to USATF's Annual Meeting, December features USATF championships in the Marathon (Dec. 3 at the California International Marathon in Sacramento) and Club Cross Country (Dec. 9 in Lexington, Ky.).

The USATF Marathon Championships will conclude the USATF Running Circuit for 2017. While the men's Circuit winner is yet to be confirmed, Aliphine Tuliamuk (Santa Fe, NM) was presented her women's Circuit title while in New York City as a part of the USATF 5 km Championships & New York Marathon festivities. Leonard Korir is leading the men as we enter the final event. Current standings can be found at http://usatfrunningcircuit.runnerspace.com/gprofile.php?do=title&title_id=357&mgroup_id=30069. The Circuit will pay the top-five overall leaders, men and women, a total of \$100,000 purse money in 2017.

Finally, USATF released the Request for Proposals (RFP) for the 2020 US Olympic Team Trials – Marathon on November 17th. If you are interested in hosting the Trials and have not yet received a copy of the RFP, immediately contact USATF's Matt Weingardt at matthew.weingardt@usatf.org. The plan is to conclude the process and award the bid in early Spring 2018.

Men's LDR Report

None submitted

Women's LDR Report

At convention we will review a few bids and finalize what we have for a championship schedule.

We still have the Marathon Championships slated for next weekend which we look forward to Sacramento hosting their first marathon championship.

Looking for ideas, financial support and races to add to enhance our road running circuit.

With the RFP out for the Olympic trials we look to begin the process of recruiting partners to bid on the trials and hope to have a site named in the late spring of 2018.

We want to continue to educate our athletes, coaches, agents and race directors on the fact that in order to qualify for the US Marathon Olympic Trials, the performances MUST be USATF Certified (which measures the accurate distance of the race) and USATF Sanctioned (which governs that the race was held in accordance to USATF and or IAAF standards). We will continue to push this out on the web site but also look to have the help of the LDR community to get the word out and out the pressure on the marathons to support this as

they only hurt our athletes by not having both when an OT qualifier occurs on their course.

Masters LDR Report

After a busy October with three national championship events, November is a quiet month, by comparison. We focus on preparing for the Annual Meeting, putting the finishing touches on our 2017-18 Masters Grand Prix [MGP] schedule, and looking forward to the last event of the season, the National Club Cross Country Championships on December 9th in Lexington, Ky. As noted earlier, this event will serve not only as the final event on the 2017 MGP tour but the kickoff event for the new 2017-18 Masters Grand Prix which ends in November 2018, and culminates in December with MGP Championship banners and awards to be presented at the National Club Cross Country Championships in Spokane Washington. As of November 21st the entries are starting to mount up with 200 already entered! Make sure you do not miss the big show and the chance for both 2017 and 2017-18 Masters Grand Prix points!

Entry Information is at:

<http://www.usatf.org/Events---Calendar/2017/USATF-National-Club-Cross-Country/Entry-Information.aspx>

The Entry Form is at:

<https://www.usatf.org/Events---Calendar/2017/USATF-National-Club-Cross-Country/Entry-Info/Entry-Information.aspx>

In terms of the 2017-18 MGP schedule, we reported that we were in discussion with the Ann Arbor Track Club about their Dexter to Ann Arbor Run (DXA2) hosting our 2018 National Masters Half Marathon Championship and with the Atlanta Track Club about their Atlanta's Finest 5K hosting our 2018 National Masters 5K Championship; those bids have now been submitted and are working through towards final approval. We are also in discussion with the Snohomish WA Sports Commission and the Snohomish River Run about their hosting our National Masters Marathon Championship next October. The bid is in preparation.

Here is our tentative 2017-18 Masters Grand Prix Schedule:

Approved Bid:

Dec 09 National Club XC Champs (Lexington, Ky.)
Feb 03 USATF XC Champs. (Tallahassee Fla.)
Mar 17 Towne Bank/Shamrock 8K (Virginia Beach, Va.)
Apr 29 James Joyce Ramble 10K (Dedham, Mass.)
Aug 24 HAP Crim-Michigan Mile 1-Mile (Flint, Mich.)
Sep 23 Masters 5km XC Champs. (Buffalo, N.Y.)

Submitted Bid:

Jun 03 Dexter-Ann Arbor 13.1 (Ann Arbor, Mich.)
Aug 18 Atlanta's Finest 5K (Atlanta, Ga.)

In Bid Prep:

Oct 14 Snohomish River Run 26.2 (Snohomish, Wash.)

In Bid Discussion:

Oct 27 Federal Credit Union Tulsa Run 15K (Tulsa, Ok.)

Mountain/Ultra/Trail (MUT) Report

Championships for 2018 awarded to date include:

Jan 6 100km Trail, Bandera, Texas
Feb 3 100 Mile Trail, Rocky Raccoon, Huntsville, Texas
March 4 - 50km Road, Lloyd Harbor, N.Y.
July 8 - Mountain - Lincoln, N.H.
July 21 - 50Mile Trail, Cayuga Trails 50, Ithaca, N.Y.
July 28 - 30KM Trail, Colorado Springs, Colo.
Aug 12 - 50KM Trail, Danbury, N.H.
Sept 15 - 24 Hours, North Coast, Ohio
Sept 29 - Half Marathon Trail Champs - Hayward, Wisc.
November 3 - USATF Marathon Trail, Moab, Utah

Also posted here: <https://trailrunner.com/trail-news/usatf-mountain-ultra-trail-council-announces-2018-national-championship-races/>

Team staffs have been named for 2018 events thus far:

Long Distance Mountain - Jason Bryant/Richard Bolt;
Mountain - Paul Kirsch, Ellen Miller, Richard Bolt;
50km Road - Susan Dun, Richard Bolt;
100km Road - Lin Gentling, Tim Yanacheck, Dr. Lion Caldwell.

Team Staff for 2019 24 Hours has been named:

Howard Nippert, Zane Holscher, Dr. Gregory Honn.
Additional staffs will be named in the coming weeks.
Runner of the Year voting is underway with Joe Fejes leading the effort.

100 Mile WR: Congratulations to Camille Herron for a pending World Record at 100 miles - 12:42:39.
Upcoming WMRA meetings (Nancy Hobbs is WMRA Council Treasurer) will be held in Monaco January 12-14, 2018.

NACAC Mountain Running Championships - July 8 in Lincoln, NH at Loon Mountain in conjunction with the USATF Mountain Running Championships -- would be great to get some support from NACAC to expand this event beyond Mexico, Canada, USA. Selection for Team USA posted here: <https://trailrunner.com/trail-news/us-team-selection-criteria-2018-nacac-mountain-running-championships/>

The various MUT Runners of the Year timeline is posted here: <https://trailrunner.com/trail-news/usatfs-mountain-ultra-trail-running-council-announces-call-2017-runner-year-nominations/>

Cross Country Report

On Sunday, October 15th the Masters 5k Cross Country Championships were held in Franklin Park in Boston, MA. The event is the only stand-alone masters event in cross country.

There were three races; women, men 40+, and men 60+.

The ladies race was won by Ginger Reiner representing Craft Concept Racing. Her time for the 5k course was 18:45. Other five-year division winners included:
45-49 Kara Parker, Run Minnesota, 19:14
50-54 Marisa Sutera Strand, Athena TC, 19:24
55-59 Trish Butler, NB Tampa Masters, 20:23
60-64 Mo Bartley Impala Racing Team, 22:49
65-69 Kathryn Martin, 21:23
70-74 Judith Tripp, Central Park TC, 32:03
75-79 Madeline Bost, Murro County Striders, 40:06
80+ Mary Marada, Liberty AC, 44:44
Kathryn Martin was 1st with the highest age-graded time. Her 21:23 graded out to 93;53%

The 40+ men's race was won by Aaron Price from the Boston Athletic Association. His 5k time was 16:15.

Other 5 year division winners included:
45-49 Jonathan Frieder, 17:01
50-54 Peter Hammer, BAA, 16:44
55-59 Nat Larson, Greater Springfield, 16:56

The age-graded winner was Nat Larson, who graded out at 90.57%

In the 60+ men's race the winner was John Barbour of the Greater Lowell TC. His outstanding time of 18:30 not only won overall, but was the age-graded winner at 88.50%.

Other five-year division winners included:
65-69 Bob McCusker, Hartford TC, 20:33
70-74 Dave Glass, Adirondack AA, 21:53
75-79 George Tasker, New England 65, 27:12
80+ Jim Askew, Atlanta TC, 29:05

Road Running Technical Council Report

None Submitted

Athletes Report

None Submitted

From the Board

None Submitted