
Entries Open for 2018 USATF Masters Outdoor Championships

Entries are now open for the 2018 USATF Masters Outdoor Track & Field Championships at Eastern Washington University, July 26-29, in Spokane, Washington. The on-time entry deadline is June 28, with a July 5 deadline for late entries. Hosted by the Spokane Sports Commission, this will be the fourth Outdoor Championships held in the Spokane area following the 1992, 1996, and 2008 meets. Full information and entry links are available on the [meet website](#).

Entries Opening Soon for the 2018 WMA Championships in Malaga, Spain in September

The 2018 WMA Outdoor Championships will take place in Malaga, Spain from September 4-16, 2018. Whether you think of yourself as a track athlete, road racer or a cross country runner, there is an opportunity to represent Team USATF in international competition. Meet organizers are expecting upwards of 8,000 competitors and we anticipate a Team USATF contingent of approximately 500. Meet information, including links to the entry information, can be found on the [Malaga 2018 website](#).

Team USATF information for Malaga can be found on [usatfmasters.org](#).

Team USATF Hotel in Malaga for WMA Championships

A block of rooms is reserved for Team USATF in the Hilton Garden Inn in Malaga, Spain for the WMA Championships in September. The rate at the Hilton Garden Inn is 63.50 euros per person per night in twin and double rooms; 117 euros per night for a single; and 56 euros per person per night in a triple room.

The Hilton Garden Inn is located within walking distance of the principal stadium for the Championships and is a 4-star hotel adjacent to a Metro station. It has an outdoor swimming pool, restaurant serving Mediterranean cuisine, and free Wi-Fi.

[Click here](#) for a link to the special Team USATF Accommodation Form that must be used to be part of the room block, which includes special payment and cancellation policies that are better than those for reservations made directly on the Malaga 2018 Accommodation website. For example, we negotiated a 25% initial deposit for the Team USATF block of rooms rather than the 50% deposit required of others.

Phidippides Awards

The Phidippides Program has entered its second decade of crafting awards for Masters runners that achieve inspiring standards of race participation. The awards are for consistent participation, rewarding endurance and perseverance. Awardees do not need to be national champions. Plaques are awarded annually. The 5th and 10th year awards are special crystal awards. To learn more about the program, please visit the [Masters LDR Page](#).

2018 USATF Masters 8 km Championships Recap

The 2018 USATF Masters 8 km Championships were held in Virginia Beach, VA, hosted by the Shamrock Marathon's Towne Bank 8K. Libby James, 81, shattered the American 80-84 record, lowering the 1991 mark of 52:00 to 42:34. Her Boulder Road Runners club mate, Roger Sayre, 60, almost got it done as well, coming within 3 seconds of the American record. James scored the top age grade of the morning with 99.04%. The top scorer on the Men's side was Nat Larson, 55, from the Greater Springfield Harriers,

with 92.90%. In the race to be first Masters Athlete across the finish line, Roanoke Valley's David Angell got the repeat win in 25:39. Marisa Sutera Strange made the podium for the second year in a row moving up from a 3rd place finish last year to win it all in 30:41.

National Age Division Champions included: Libby James 42:34 [CO] 81, Madeline Bost 1:04:44 [NJ] 78, Suzanne Gibson 46:20 [NC] 71, Suzanne Ray 36:14 [OR] 65, Catharine Utzschneider 36:11[MA] 62, Doreen McCoubrie 31:38 [PA] 56, Marisa Sutera Strange 30:40[NY] 54, Michelle Brangan 32:27[NJ] 48, Heather Webster 31:23 [NY] 44; Tom Markley 43:56 [SC] 80, Robert Hendrick 35:56 [FL] 75, Dave Glass 34:35 [NY] 71, Tom Bernhard 30:11 [CA] 66, Roger Sayre 28:10 [CO] 60, Nat Larson 26:51 [MA] 55, Kent Lemme 26:43 [MA] 51, Philippe Rolly 25:57 [VA] 45, David Angell 25:39 [VA] 41.

Women's National Team Champions included Genesee Valley Harriers 40+, Athena Track Club 50+, Team Red Lizard 60+, and Colonial Road Runners 70+. For the Men it was Garden State Track Club-New Balance 40+, Greater Springfield Harriers 50+, Atlanta Track Club 60+, and Genesee Valley Harriers 70+.

2018 USATF Masters Indoor Championships Recap

In one of the biggest record hauls in memory, 15 world and 28 American records were broken at the USATF Masters Indoor Track & Field Championships at the Prince George's Sports and Learning Complex in Landover, Maryland, in mid-March. Leading the way were centenarians Julia Hawkins (W102) with records in the 60m and shot put and Orville Rogers (M100) with records in the 60m, 200m, 400m, and 1500m.

In younger age groups, Derek Pye (M50) shattered the 25-year-old world mark by Walt Butler in the 60m hurdles. Pye's time of 8.24 seconds bested the old mark of 8.47. Lesley Hinz (W60) broke current WMA Athlete of the Year Kathy Martin's American record and Agnes Hitchmough's WR in the 800m with a time of 2:36.57. Finally, Bruce McBarnette (M60) broke the WR in the high jump with a leap of 1.76m.

Other WRs were set by Roy Englert (M95) in the 3000m, 1500m, and 800m, as well as by M60 and M80 4x800m relay teams. Other ARs were set by Jefferson Souza (M40) and Damon Blakemore (M55) in the pentathlon, Charles Allie (M70) in the 200m and 400m, Jeanne Daprano (W80) and Sonja Friend-Uhl (W45) in the 1500m, Amy Haddad (W50) in the high jump, and 4x200m relay teams from Southwest Sprinters (W40), Joy's Jackrabbits (W50), Atlanta Track Club (W70), and a non-club team (W75), as well as So Cal Track Club's M70 4x800m relay and a non-club team in the M80 4x400m relay.

The meet itself was the best attended masters indoor championships ever, with 1219 athletes entered - the highest number indoors or outdoors since the 2010 outdoor championships in Sacramento. It was hosted by Potomac Valley Track Club, which took home the team title with 1023 points, ahead of TNT International Racing Club (682 points) and Atlanta Track Club (629 points).

Drake Relays

A men's age-graded 100 meters has been organized at this year's prestigious Drake Relays in Des Moines, IA. The youngest person runs all 100 meters, and older ages will take on shorter distances. The event will be in the middle of the main program Friday evening on April 27, 2018 and is sure to be a crowd and press favorite. WMA Male Athlete of the Year Bob Lida will participate, and at his age, will only have to run about 70 meters.

USATF Masters 10 km Championships

Be sure to join us on April 29, 2018 for the USATF Masters 10 km Championship hosted by the James Joyce Ramble in Dedham, MA. It is a rolling hills course but most years have seen at least one age division American Record bested. Masters athletes line up at the front of the first corral and set the pace; after the race there is plenty of fun as Championship athletes join the crowds celebrating their accomplishments with great food and refreshing beverages on the Estate grounds.

Please go [here](#) for Entry Information.

USATF Masters Half Marathon Championships

The USATF Masters Half Marathon Championships will be hosted on June 3, 2018 for the first time by the Dexter-Ann Arbor HM, one of the premier races in the Great Lakes region. Please go [here](#) for Entry information.

USATF Masters 5 km Championships

The 2018 USATF Masters 5 km Championships will be held for the first time as part of the Atlanta's Finest 5K race hosted by the Atlanta Track Club in association with the Atlanta Police Foundation. The Atlanta Track Club knows a thing or two about putting on great races. It will start and finish in Olympic Centennial Park, a great location with lots of hotels nearby. As a major hub, Atlanta provides excellent flight connections to most cities. Come experience a top-notch race in a great road racing city! Please go [here](#) for Entry Information.

Plan Ahead

Mark your calendars for the following future events:

2018 USATF Southeast Region Masters Outdoor Track & Field Championships

Site TBD
Birmingham, AL
June 2-3, 2018

2018 USATF Midwest Region Masters Outdoor Track & Field Championships

Ball State University
Muncie, Indiana
June 9, 2018

2018 USATF Masters Outdoor Combined Events Championships

Nevada Union High School
Grass Valley, CA
June 30-July 1, 2018

2018 USATF Southwest Region Masters Outdoor Track & Field Championships

Hutto High School
Hutto, Texas
June 30, 2018

2018 USATF East Region Masters Outdoor Track & Field Championships

College of the Holy Cross (tentative)
Worcester, MA
July 7, 2018

2018 USATF West Region Masters Outdoor Track & Field Championships

West Los Angeles College
Culver City, California
July 14-15, 2018

2018 USATF Northwest Region Masters Outdoor Track & Field Championships

West Seattle Stadium
Seattle, Washington
July 14, 2018

[2018 Masters Outdoor Track & Field Championships](#)

July 26-29, 2018

2018 National Masters Throws Championships

West Seattle Stadium
Seattle, Washington

August 4-5, 2018

2018 USATF Mid America Region Masters Outdoor Track & Field Championships

Fort Collins, Colorado

Dates in late August/early September TBA

[2018 USATF Open and Masters 30 km Race Walk Championships](#)

Hauppauge, New York

October 21, 2018

2019 USATF Masters Indoor Track & Field Championships

JDL Fast Track

Winston-Salem, North Carolina

March 1-3, 2019

[2019 WMA Indoor Championships](#)

Torun, Poland

Dates TBA

2019 USATF Masters Outdoor Track & Field Championships

Iowa State University

Ames, Iowa

July 25-28, 2019

2020 USATF Masters Indoor Track & Field Championships

Louisiana State University

Baton Rouge, Louisiana

March 13-15, 2020

[2020 WMA Outdoor Championships](#)

Toronto, Ontario, Canada

July 20-August 1, 2020