

USATF WOMEN'S COMMISSION

DECEMBER 6, 2019

Seasons of Change: Finding a new normal, Moderated by Terry Crawford

1. The Panelists were:

Dr. Carol Coram- Olympic Track & Field Official, Educator.

2. Connie Price-Smith- 4x Olympian, Head Track and Field Coach at University of Mississippi.

3. Joy Upshaw- 24x Master World Champion, Founder and CEO Joy's Rabbits TC.

4. Martha Watson- 4x Olympian, 8x National Champion, Tigerbelle.

Discussion was about women's track and field goals, objective, family (marriage, children), education and how it helped their success in USATF for women. The Panelists discussed their own personal adventure.

There snacks, drinks chips and veggies. The hospitality was friendly.

DECEMBER 7, 2019

USATF WOMEN'S COMMISSION BUSINESS MEETING

1. Lift up women as they go through their individual career goals.

2. Find out the affiliations and to determine the strength of each individual that can complement the WC goals.

3. Discussion about the direction and Strategic plan.

4. Open Facebook group page from private to public.

5. Lack of female coaches.

6. How to get more women involved Women's Commission.

7. Talk to local associations about having a representative/ liaison to the Women's Commission.

8. Young Officials Grant program for young women to check out.

USATF Women's Commissions

Brenda Y. Martin