



**USATF Annual Meeting  
December 5-8, 2019  
Reno, Nevada**

The 2019 USATF Annual Meeting will take place December 5-8 in Reno, Nevada. During the course of the meeting the Masters Track and Field Committee (MTF) and Masters Long Distance Running Committee (MLDR) will each meet for several sessions and there will be a joint meeting as well on Saturday afternoon, December 7th.

In the MTF meetings several proposed changes to the MTF Operating Procedures will be discussed and voted on. Among those proposed changes are increases to the number of authorized members of the MTF Committee and an increase in the term of the Active Athlete Representative to the MTF Executive Committee from one year to two years.

Important other business will include site selection for the 2022 USATF Indoor and Outdoor Masters Track & Field Championships. At least two potential sites are expected to bid to host each of those meets, including Spokane and Virginia Beach for the indoor meet and Lexington, KY and Morgantown, WV for the outdoor meet.

Masters athletes, both MTF and MLDR, are strongly encouraged to make plans to attend the Annual Meeting and take part in the process of making the decisions that govern our sport.

For more information or to register to attend, [click here](#).

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***Planning Continues for USATF Masters Indoor Championships and WMA Outdoors in 2020***

Planning is well underway for both the [2020 USATF Masters Indoor Championships](#) in Baton Rouge, Louisiana in March and the WMA Championships in Toronto, Ontario, Canada in July. Entries for both are expected to open in October 2019.

The daily schedule for the WMA Championships is available [here](#), while the daily schedule for Baton Rouge is expected some time in early October. General information about the WMA Championships is available on the meet website, including entry information, which is available in the downloadable Entry Book. Entry fees will be \$72 to enter the meet, plus \$36 per event (\$49 for combined events and half marathon).

As an incentive for participation in Toronto 2020, the Masters LDR Executive Committee has determined that **competitors in any of the three non-stadia events, the XC, the 10 Km, or the Half Marathon can earn 2020 Individual Masters Grand Prix points**. An individual who runs more than one non-stadia event may still only earn points from one event, presumably their best finish.

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***Call for Nominations - David Pain Distinguished Service Award***

The USATF Masters Track & Field Awards Subcommittee is accepting nominations for the 2019 David Pain Distinguished Service Award. If you know of someone who has gone above and beyond in giving exceptional service to our sport, please take the time to submit a nomination. Past winners are not eligible. A full list of previous winners can be viewed [here](#).

All nominations are due by October 18, 2019 to be considered for the current award year. You can email your nomination to Rachel Guest at [fsttrck75@yahoo.com](mailto:fsttrck75@yahoo.com) or submit an online nomination at [Nominate - World Masters Rankings](#).

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***Call for Nominations - MTF Athlete of the Year Awards***

The USATF Masters Track & Field Awards Subcommittee is accepting nominations for Athletes of the Year. If you

know of someone who has had an exceptional 2019 competition year, you can nominate them for an age group or event group award. Every five-year age group will have one male and one female Athlete of the Year; one male and one female (regardless of age group) will be selected as an event group Athlete of the Year in the following categories: Sprint/Hurdles, Middle Distance, Distance, Racewalk, Jumps, Throws and Combined Events.

All nominations are due by October 18, 2019 to be considered for the current award year. You can email your nomination to Rachel Guest at [fsttrck75@yahoo.com](mailto:fsttrck75@yahoo.com) or submit an online nomination at [Nominate - World Masters Rankings](#).

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### ***Call for Nominations - USATF MTF Hall of Fame***

The USATF Masters Track & Field Hall of Fame Sub-Committee is accepting nominations for the Masters Track & Field Hall of Fame Class of 2019 through October 1, 2019. Distinguished athletes and administrators who have been active for at least 10 years are eligible for election to the Hall of Fame. In addition, deceased Masters athletes and administrators and those who have retired from competition for at least five years are also eligible for election.

Please send nominations and supporting information such as WMA medals won, National Championships won, American & World records set to [runnermark@cox.net](mailto:runnermark@cox.net) For more information about the MTF Hall of Fame, including a list of those already inducted, please [click here](#).

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### ***Call for Nominations - MTF Hall of Fame Make Up Class***

Is there someone who you know (or even yourself!), from before the 2017 competition season, someone deceased and/or retired from competition who was perhaps overlooked when there was a handover from one MTF Hall of Fame administrator to another? We are asking for your help to identify these outstanding athletes when they were competing years ago.

This induction will be a regular Hall of Fame induction but separate from the current Hall of Fame induction.

The basic requirements are:

- Candidates were, during competition or period of contribution, a U.S. citizen or naturalized citizen and that she/he competed or contributed to Masters track and field over a period of ten (10) years, although it need not have been ten (10) consecutive years.
- Good athletic candidates could include people with world and/or American records, world and/or American titles, although those are not required.
- The contribution category is open-ended in terms of exactly what type of contribution the person has made, you should indicate what your nomination is based on.

If you are able to suggest a name(s) you need not have contact information or competition or contribution details, although they would certainly be appreciated. You do not even need to have personally known the prospective nominee. A good example of a potential candidate would be some of the runners from the Dallas Track Club or the New York Pioneers. Both clubs used to bring a large contingent of runners and they used to be really something "in the day." Anyone who could remember their name(s), that would be helpful, even if the informant did not personally know the individual athletes.

Please forward all suggestions to Marilyn Mitchell ([mmitchell46@hotmail.com](mailto:mmitchell46@hotmail.com)) and cc [usatfmasterstrack@gmail.com](mailto:usatfmasterstrack@gmail.com). Please put "Makeup Hall of Fame" or "MOF" in the subject line or your message might not get received.

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### ***USATF Masters 1 Mile Championships***

Masters athletes competed at the **2019 USATF Masters 1 Mile Championships**, hosted by the HAP Crim Festival of Race's Michigan Mile, in Flint, MI on Friday evening, August 23.

Overall Race Winners: Women **Sonja Friend-Uhl** 5:06; Men **Chuck Schneekloth** 4:37. Age-Grading Champions- Women **Jeannie Rice** 97.23%; Men **Nat Larson** 92.19%. Individual Champions: Women: 40-44 **Jill Braley**; 45-49 **Sonja Friend-Uhl**; 50-54 **Fiona Bayly**; 55-59 **Marisa Sutera Strange**; 60-64 **Nancy Simmons**; 65-69 **Jill Miller-Robinett**; 70-74 **Jeannie Rice**; 75-79 **Catherine Radle**; 80-84 **Madeline Bost**. Men: 40-44 **Chuck Schneekloth**; 45-49 **Michael Madsen**; 50-54 **Tim Van Orden**; 55-59 **Mark Zamek**; 60-64 **David Westenberg**; 65-69 **Joseph Reda III**; 70-74 **Bob Giambalvo**; 75-79 **Jan Frisby**; 85-89 **Jon Desenberg**; 90-94 **Nathaniel Finestone**. Team Champions: Women- 40+ *Atlanta Track Club* 50+ *Athena Track Club* 60+ *Impala*

Racing Team 70+ Atlanta Track Club. Men- 40+ Garden State Track Club New Balance; 50+ Greater Springfield Harriers; 60+ Atlanta Track Club; 70+ Ann Arbor Track Club.

**USATF Masters 15 Km Championships**

On Saturday, October 26, the Tulsa Federal Credit Union's Tulsa Run will host their 7th consecutive and final edition of the USATF Masters 15 Km Championships. Tulsa will put on its usual great show. There will be a complimentary Masters Championship pasta dinner the night before, and the host hotel is literally steps from the Start, the Finish and Post Race Celebrations and Awards. The special warm-up area and head start for the Championship over a challenging racecourse that showcases the neighborhoods of Tulsa makes Masters Runners the focal point of the race. This has been one of the gemstones of the Masters Grand Prix Circuit; help celebrate a great Championship run of 7 years.

Entry Form: <https://www.usatf.org/Products---Services/Event-Registration-Form.aspx?e=116939>

Details at: <http://www.usatf.org/Events---Calendar/2019/USATF-Masters-15-km-Championships.aspx>

**Remaining 2019 Masters Grand Prix Schedule**

<b>2019 Circuit</b>		
Oct 12	USATF Masters 5 km Cross Country Championships	San Diego, CA
Oct 26	USATF Masters 15K Championships <i>Tulsa Federal Credit Union Tulsa Run</i>	Tulsa, OK

Events on the 2020 Masters Grand Prix Schedule, as of now, are listed below; additional events may be added as bids are received and approved.

<b>2020 Circuit</b>		
Dec 14	USATF National Club Cross Country Championships	Bethlehem, PA
Jan 18	USATF Cross Country Championships	San Diego, CA
April 26	USATF Masters 10 km Championships <i>James Joyce Ramble</i>	Dedham, MA
Aug 21	USATF Masters 1 Mile Championships <i>HAP Crim Festival of Races</i>	Flint, MI
Other Events of Interest to Masters LDR Athletes		
Mar. 13-15	USATF Masters TF Indoor Championships	Baton Rouge, LA

Jul 9-12	USATF Masters TF Outdoor Championships	Greensboro, NC
Jul 20	WMA Outdoor Championships [XC, 10K & HM Road Races]	Toronto, Canada
Dec 12	USATF National Club Cross Country Championships-2021 Masters GP	San Francisco, CA

The Masters LDR Committee welcomes Championship bids at all distances except the 1 Mile and 10 Km for 2020. The Committee welcomes bids at all distances from the 1 Mile to the Marathon for 2021 and beyond. Please contact Mary Rosado, Chair, at [mvrosadoesq@prodigy.net](mailto:mvrosadoesq@prodigy.net), or at [mvrosadoesq@icloud.net](mailto:mvrosadoesq@icloud.net).

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### ***2019 USATF Masters Grand Prix standings***

Current 2019 USATF Masters Grand Prix standings may be viewed at:

Individual:

<http://www.usatf.org/Resources-for---/Masters/LDR/Individual-Grand-Prix.aspx.aspx>

Club:

<http://www.usatf.org/MGPPresults.aspx>

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### ***USATF Masters LDR Phidippides Award***

Remember to sign up for **USATF Masters' Phidippides Award**, which rewards Masters runners of all abilities for their participation in organized road races. Hundreds of Masters runners from ages 40 to 90 have earned awards each year. **There is still time to run races, earn points, and apply for the Award.** But you'll need to hurry-only races through December 31st count.

The closing date for the application is January 31, 2020. For more details on the program, and how to apply online, please consult: <http://www.usatf.org/Resources-for---/Masters/LDR/Phidippides-Award.aspx>

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### ***Anti-Doping Report***

Masters athletes are subject to doping control testing both in and out of competition and may be sanctioned by the US Anti-Doping Agency (USADA) for violations. For more information about anti-doping and the processes involved, visit the [USADA website](#). To check on whether any medications or supplements you are taking are banned, visit the [globalDRO website](#). You can find the link to USADA suspensions [here](#).

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### ***Upcoming Events***

#### [2019 USATF Annual Meeting](#)

Grand Sierra Resort and Casino

Reno, Nevada

December 5-8, 2019

2020 USATF Masters East Region Indoor Track and Field Championships

Prince Georges Sports and Learning Complex

Landover, Maryland

January 19, 2020

2020 USATF Masters Southeast Region Indoor Track and Field Championships

JDL Fast Track

Winston-Salem, North Carolina

January 26, 2020

2020 USATF West Region Indoor/Outdoor Track and Field Meet

(indoor events run outdoors)

Mater Dei High School

Santa Ana, California

February 9 or 16, 2020

2020 USATF Masters Mid America Region Indoor Track and Field Championships

University of Colorado, Colorado Springs

Colorado Springs, Colorado

February 22, 2020

[2020 USATF Masters Indoor Championships](#)

Louisiana State University

Baton Rouge, Louisiana

March 13-15, 2020

***Plan Ahead***

Mark your calendars for the following future events:

2020 USATF Masters Outdoor Championships

North Carolina A&T University

Greensboro, North Carolina

July 9-12, 2020

[2020 WMA Outdoor Championships](#)

Toronto, Ontario, Canada

July 20-August 1, 2020

2021 USATF Masters Indoor Championships

The Armory

New York, New York

March 19-21, 2021

2021 WMA Indoor Championships

Edmonton, Alberta, Canada

April 6-13, 2021

2021 USATF Masters Outdoor Championships

Sacramento State University

Sacramento, California

Late July/Early August 2021

2022 WMA Outdoor Championships

Gothenburg, Sweden

August 17-27, 2022

**\*\* Indicates WMA Championship**