

2019 Annual Meeting and Race Walk Committee Summary Report  
Barbara Hensley, Ohio Association RW Chair

12/05/19 Opening Meeting

- Will add transaction fee to memberships for 2020: \$2.70 for adults, \$1.98 for youth; Toyota and Xfinity are newest sponsors; Team USA participated in (12) international competitions; Safe Sport contract costs \$171,000 (members don't have to pay for testing, certification).

12/06/19 Sat in on Officials' General Meeting

- Safe Sport requires annual refresher/renewal
- NCAA is considering 3-tier pay structure for officials
- Rules tests are being updated: basic, general test + separate tests for each function, discipline

12/06/19 Race Walk General Session #1

- Elite athlete ranking system requires competing in foreign meets which offer more points than US meets
- Term "Athletics" includes all people who exercise/work out, not just elite competitors
- Rules updated to add RW referee, rename Pit Lane to Penalty Zone, move Jr RW into same section as other Jr events, add W10,000 distance (which had been omitted), change all references to Jr to U20 & Intermediate to U23
- 50K Olympic trials in Jan include 50k Championship open to all but Masters have time limit of 7.5 hours

12/6/19 Sat in on Masters' General Meetings

- Grants to participate in WMA being phased out; to be replaced by sponsorships
- Defined 'Active Athlete' as someone who has competed within the past (2) years
- Insurance issues prevent having officials under age 18; also Safe Sport only applies to officials over age 18
- Discussed having Club Championships and adding Women and Men as additional team categories
- National Office will issue uniform kits to those competing in WMA-Toronto next summer
- Discussed possibility of starting Masters' Indoor 2021 at Armory on Thursday afternoon

12/07/19 Race Walk Committee Open Meeting #1

- Awards presented to Katie Burnett, Taylor Ewert, Dave Swarts, Michael Roth, Robin Stevens; Assoc Award to Georgia; Masters' Grand Prix awards will be mailed; Team Award had (4) way tie with each team earning (10) points
- Associations encouraged to conduct clinics for [How to RW](#) and [How to Judge RW](#); funding available for both
- 20K Olympic Trials will be June 27 in Springfield, OR; loop will be on Main St with Start/Finish in middle
- Tracktown20.com is source for tourist information not on USATF website
- USA-Canada 2019 in Philadelphia was well planned, conducted; included All-Comers' races at 3k, 5k
- Get casual use waiver for volunteers that help officials for up to (3) Championship events

12/07/19 Race Walk Committee Open Meeting #2

- Willy Banks stopped in, provided his phone and email
- International RW distances have changed to 20K, 35K effective for events in 2021
- Dan Pierce – Operating Procedures
  - Most proposed changes were accepted, but one on voting changes was tabled to the next Exec Committee meeting
- Ray Funkhouser – L & L
  - Nominees to Association Offices must be 3-tier Safe Sport verified
  - RW will have seat on Coach's Advisory Committee
  - Association sanction fee capped at 2/3 National fee
  - "Active Athlete" will represent interests of international athletes
- Liz Shepherd – Anti-Doping
  - USADA rule updates published annually in Oct; athletes responsible to verify Rx & supplements are OK
  - May be able to get pre-TUE: submit on-line, get response in 3 days. Print copy & keep with competition stuff!!!
  - CBD oil NOT legal in sports; stop using far enough in advance for it to clear
  - Supplements not listed but NSF can evaluate them on request
  - Sports psychology: mental health issues often appear when injured, sick, or DQ'd; get help
    - Headspace app is good; so is STOP-BREATHE-THINK site
- Dan Pierce – Officials' Committee & Sub-Committee
  - Reminders: Judging Summary Sheets are part of official results; must be posted; athletes can discuss w/judge(s)
  - Red Cards may not be protested, but judge's call to DQ in final 100m can be (referee may use any video available to try to prove judge wrong)
  - Regional & National Championships are conducted for RW Committee and hosted by local association
  - Australia has Power Point presentation of WA rules that is easy to follow