

MID-WEST REGION/OHIO ASSOCIATION 20,000M RACE WALK CHAMPIONSHIPS & Jack Mortland Race Walks



Sunday, May 3, 2020 8 AM (Gate opens at 7 AM)
Athletes in Action Sports Complex
1197 S. Detroit St. Xenia, Ohio 45385

Judges properly certified for record applications

Registration Form (Bring day of race)

Name: _____ Date of Birth: _____ Age: _____

Address: _____ Sex: M ___ F ___
Street City State Zip

Email: _____

USATF # _____ Club Affiliation: _____

USATF Membership Required for Championship Race
and for eligibility to apply for USATF records.

Event Options (mark one): 20,000 m Race Walk _____ 10,000 m Power Walk _____
5,000 m Race Walk _____ 5,000 m Power Walk _____
10,000 m Race Walk _____ 20,000 m PW (if <3 hr) _____

Distances walked in 1 Hour and in 2 Hours will be recorded for Race Walkers.
RW in lanes 1,2,3 and PW in lanes 6,7,8 of 400 meter track

Water and Sponging Station will be provided.
Bring your own sports drinks, other refreshments.

Entry Fee (payable day of race): \$30 (cash or check only)

I, hereby, for myself, heirs, executors and assigns, waive all claims for damages that may arise to the organizers or sponsors of the Ohio Association USATF and Athletes in Action and their agents or representatives for injuries suffered at this event. I certify that I, or my minor child, is in good health and sufficiently trained to compete. I realize that participants may be subjected to drug testing under USATF rules and those found positive for banned substances or who refuse testing will be disqualified from this meet and banned from future events. (Some over-the-counter medications contain banned substances. For information on testing and banned substances call the USOC hotline: (800) 233-0393.)

Signature: _____
(Parent or Guardian for those under 18.)

Age Group: _____
U20 Open (20-29) Masters (30-34, 35-39, etc)

Bib#: _____
Complete at Registration