

2015 USA TRACK & FIELD RULES OF COMPETITION CHANGES



As approved at the
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Anaheim, CA.

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USATF RULE CHANGES

The USATF Rules Committee

- **102** Proposed Rule Changes were Reviewed
- **14** were Tabled
- **14** were Withdrawn
- **15** were Rejected
- **11** were Approved as Amended
- **47** were Approved as Submitted

RULE 7.9(b)

General ~ Team Scoring

9. ...

- b) Ties between two or more teams shall be resolved (~~((by determining which team wins the most one-on-one match-ups among their five scoring members, comparing first to first, second to second, and so on through the final scoring place))~~) **in favor of the team whose last scoring member finishes nearer to first place.**

RULE 25.1(b)

Race Walking ~ Championship Events

1. ...

b) Indoor Championships:

Men -- One Mile; 3000 Meters (held with Track and Field Championship); 5000 Meters.

Junior Men – 3000 Meters; 5000 Meters.

Women -- One Mile; 3000 Meters (held with Track and Field Championship); 5000 Meters.

Junior Women – 3000 Meters; 5000 Meters.

RULE 144.3(d)

General ~ Assistance to Athletes

3. The following shall be considered examples of assistance:

d) The setting of a competitor's starting blocks other than by an individual designated by the starter.

RULE 144.3(j)

General ~ Assistance to Athletes

3. The following shall **not** be considered examples of assistance:
 - j) Viewing by athletes competing in field events, of images of previous trial(s), recorded on their behalf by persons not placed in the competition area. See Rule 144.3(b). The viewing device or images taken from it shall not be taken into the competition area.

RULE 161.6

General ~ Starting Blocks

- 6. No competitor shall receive assistance in setting starting blocks except from an individual designated by the starter.**

RULE 162.1

General ~ The Start

1. When starting, all competitors must be behind the starting line and they must not touch the starting line or the surface in front of it with any part of the body. Starting positions in events at all distances shall be numbered in order that the lowest number is closest to the inner edge of the track.

NOTE: For this Rule, hair is not considered a body part.

RULE 165.1

General ~ Timing

1. Four methods of timing are official, hand timing, fully automatic timing, video timing, and transponder timing as set forth in this Rule. A timing device that operates automatically at either the start or finish, but not at both, shall be considered to produce ~~((neither))~~ hand times. ~~((s nor fully automatic times and should not be used to obtain official times.))~~

RULE 169.4

Track Events ~ Steeplechase

4. Each competitor shall go over or through the water and shall go over each hurdle. An athlete shall be disqualified if he/she

~~((a) Does not jump any hurdle))~~

- a) steps to the one side or other of any hurdle or water jump, or .
- b) has a foot or leg, at the instant of clearance, beside the hurdle (on either side), below the horizontal plane of the top of any hurdle. Provided this Rule is observed, an athlete may go over each hurdle in any manner.

RULE 183.5(a)

Field Events ~ Pole Vault

5. It shall be a failure if:
 - a) After the vault, the bar does not remain on the pegs on which it originally rested because of the action of the competitor while vaulting; or...

RULE 187.7(b)

Field Events ~ Throwing General Rules

7. The measurement of each throw shall be made

...

a) ...

b) In the Javelin Throw, the measurement of each throw shall be made from where (~~the tip of~~) the metal head first struck the ground to the inside edge of the arc along a line from the point of the fall to the center of the circle of which the arc is a part.

RULE 191.5

Field Events ~ Throwing the Hammer

- 5. Head** - The head shall be solid iron or other metal not softer than brass, or a shell of such metal filled with lead or other solid material so that no internal movement is detected by feel, sight or sound. It must be spherical in shape (~~and smooth~~). If a filling is used, it must be inserted in such a manner that it is immovable and that the center of gravity shall not be more than 6mm from the center of the sphere, i.e., it must be possible to balance the head, less wire and handle, on a horizontal sharp-edged orifice 12mm in diameter.

RULE 191.9

Field Events ~ Throwing the Hammer

9. The hammer shall conform to the following specifications:

Name	16 lb..	6 kg	12 lb.	5 kg	4 kg	3 kg	2 kg
Nominal Wt. kg	7.26	6.00	5.45	5.00	4.00	3.00	2.00
Min. Record Wt. kg	7.260	6.000	5.443	5.000	4.000	3.000	2.000
Diameter min. mm	110	105	98.4	100	95	85	75
Diameter max. mm	130	125	117.5	120	110	100	100
Length max. mm-Note 1	1215	1215	1215	1200	1195	1195	1195
Loop Size max. mm	19.5	19.5	19.5	19.5	19.5	19.5	19.5

NOTE 1: Length of Hammer is measured from the inside of the handle to the bottom of the ball. Pressure should be applied to make sure the wire is straight. There is no specification on the loop size.

NOTE 2: The weight of the implement includes the totality of the hammer head, wire and handle.

RULE 195.5(b)

Field Events ~ Throwing the Weight

5. **Handle** - The handle shall be made of ...

a) ...

b) The handle for the all metal head weight shall have sides that do not exceed 190 mm or smaller than 100 mm inside measurement. A handle with no permanent connection point shall ~~((have two sides of equal length and the third side of less than or equal length. See Figure 15))~~ **be constructed in such a manner that regardless of how the handle is turned the length of the implement does not exceed the specified maximum length of the implement.**

RULE 302.5(k)

Youth Athletics ~ Regulations & Specs

5. Field Events

- (k) In the Pole Vault, a pole vault box collar pad complying with ASTM F2949-12 shall be used.**

RULE 302.5(p)

Youth Athletics ~ Regulations & Specs

5. Field Events

- (p) When a High Jump or Pole Vault competitor is excused to participate in a running event, a reasonable time limit shall be established by the Games Committee or delegated to the affected Field Event Judge. ~~((No time limit shall be imposed on competitors excused from throwing or horizontal jumping events, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts. In both the preliminaries and the finals, the head event judge may allow attempts to be taken in succession before a competitor is excused, and make up attempts may be taken in succession and out of order upon legally returning to the event. In the High Jump and Pole Vault, if))~~ **If** the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.

RULE 302.5(q)

Youth Athletics ~ Regulations & Specs

5. Field Events

- (q) When a Horizontal Jumps or Throws competitor is excused to participate in a running event, no time limit shall be imposed on competitors excused from throwing or horizontal jumping events, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts. In both the preliminaries and the finals, the head event judge may allow attempts to be taken in succession before a competitor is excused, and make-up attempts may be taken in succession and out of order upon legally returning to the event.