USA Track Field Annual Meeting Dayton Beach, Florida November 28- December 2 2012

Youth Athletics Executive Committee (Tuesday November 27, 2012)

USATF Cross Country Survey Task Force Report (November 30, 202012)

The Cross Country Survey Task Force Report regarding the status of what USATF National Association offer for the sport of Cross Country series circuits and Association Championships. Fifteen Questions were given to each association. Twenty of the Fifty Association answered the questions. The questions needs to be assemble into two parts.

- 1. A State of Sport Report
- 2. A Best Practices Guide.

Eleven of the twenty Association surveyed offer CCS and Association Championships. Six other associations surveyed only offered an Association Championships. Three of the associations did not offered a Cross Country series or an Association Championships and association included Illinois, Snake River and The Dakotas.

The race distances offered at the Associations Championships and Cross Country Series Circuits ranged between 5K distance to 10K distances. Lake Erie 2K distance is offered at their Association Championships.

There is a wide range of participants that are partaking in the Association Championship or Cross Country Series Circuits. Example in 2011 only 35 individuals participated in Lake Erie's Association Championships and 2000 participated in the New Jersey Association Championships. The question is were all participants **current USATF Members**? The average participations in all these Cross Country races at these 17 Associations range between 100-200 runners. Most Associations are not increasing in the participation size.

Thirteen of the Association established CC courses. Eleven of twenty Association pay for facility usage. (\$125.00-\$1000). Five of the twenty Associations pay their officials. Twelve of the Association use Volunteers to help conduct their event.

Individual fees for CC event at these association range \$5.00 - 20.00 per event. Team fees for CC events range \$30.00- \$75.00 per team. Eight of the 20 Associations offer T-Shirts at the CC Series Circuit or Association Championships.

Sixteen of the Association requires USATF Membership and non-members can participate in the evens. Non-members are not eligible for individual or team awards. Six of these Sixteen association require USATF Memberships at their Association Championships.

Thirteen of the twenty Associations offer some type of award incentives to run in their Series Circuit and Association Championships, such as prize money, medals and ribbons.

The amount of time these Associations publicizes their events/circuits range between one month (New England Association) and nine months (Pacific Northwest Association). The average Association advertises their event between three to six months. These Associations advertise their events running web-sites, magazine, articles, social media, outlets, email, Brochures, flyers. Three of the Associations do not do any advertising of any kind.

Discussion Topic

- Entries should be closed one week before event. The meet will run smoother and less confusion
- 2. Need to be a member of USATF Membership (Liability Insurance).
- 3. Six Finisher for Men and Women that would move on to the next round.
- 4. Look at the selection committee and process for athlete.
- 5. Know the athlete that is able to make the World Team or/ and National Team. What kind of running experiences do they have.
- 6. Need to work on sponsorship for CC Bidding.

Road Running Technical Council Report (Saturday December 1, 2012)

Jane Parks, as RRTC Bookkeeper described the new procedures for expense reimbursement. Expenses to be reimbursed will need to be submitted using a new Excel form and personal vehicle mileage must be documented using MapQuest.

Bob Baumel, as RRTC Webmaster, that it was agreed that Bob will be given access to the USATF site's new "Content Management System" in order to convert RRTC web pages on the USATF site to newer format. Jason (USATF Webmaster) agree to modify the certified courses search engine so people certification codes contain hyphens or spaces. Also change the definition of "record eligible" course according to the new version of Rule 265.5 (b) etc.

Mark Neal, Bulletin Board Moderator rearranged areas on the board and added section with information targeted to newer measurers. It was agreed that Bob would add links to his own website to the www.rrtc.net and the Measuring Tool page on www.usatf.org while Jim Gerweck would add links on the RRCA and Road Race Management sites.

Jim Gerweck, Workshop Co-Chair discussed a seminar he conducted on line for Hawaii measurers using www.gotomeeting software. The session included the McBrayer video and PowerPoint by Jim and Duane. It was suggested by Duane having online seminar twice a year.

Gene Newman, Reported that the pre-validation measurement performed in October for the 2012 Olympic Trails Marathons course. This prompted discussion of a problem in which Duane Russell's measurement indicated the course was shorter and was found by four other measurers. Duane's counter was missing counts. This was caused by a bad tooth inside the Veeder-Root counter mechanism. Duane was using one of the newer JR-type Jones counters. This problem happen because when Duane kept the counter mounted on his bike while doing faster (non measuring) rides. Counters can be damaged when riding at speed greater than 25km (15 mph). Tom Riegel agreed to include warnings about riding to fast withal new that he sells. It was also suggested that all major validations be done with at least three measurer. If one measure has an equipment problem, the good measurements will be identify.

USA Track & Field Youth Division

Drug and Health Issues for Athletes Friday November 30,2012

- A. Types of Sports Concussions:
 - 1. No loss of consciousness. (30Minutes)
 - 2. Loss of consciousness, less than 1 minutes more than 30 minutes).
 - 3. Loss of consciousness more than one minute or more than 24 hour.
- B. FDA: Possible links between deaths and Monster energy drink.
- C. Head Injuries Concussions
 - 1. Involving force may be serious.
 - 2. Evaluate athlete for sign and symptoms immediately.
 - 3. May appear dazed, stare blankly, cry, nausea, vomiting, and headaches.
- D. Sweat and Dehydration: Drink plenty of water.
- E. Electrolytes: Minerals in your sweat. Minerals must be replace to keep electrolyte concentration of your body fluid.
- F. Illegal Drugs Use In Teens: Alcohol related death.
- G. Symptoms of III drugs use and symptoms.
 - 1. Low self esteem.
 - 2. Don't fit In.
 - 3. Red eyed, lasting cogh and fatigue.
 - 4. Personality change, sudden mood changes and withdraws and loses interest in school.

- 5. What Parents/Coaches Can Do. Talk to kids about drugs.
- 6. Hypertrophic Cardiomyopathy (Enlarged Heart that can result in sudden death.
- 7. How Much Do I Burn Calories. Running vs walking.
- H. Food Poisoning and Bacteria. Bacteria include salmonella, E. Coli.
- I. Hepatitis A: Improper Food Handling. A virus that attacks the liver and can cause fever, fatigue, nausea, weight loss and jaundice.
- J. Beware as fake drugs online.
- K. Wrinkle Free Face Cream.
- L. Beware of Raw Milk. Campylobacter contamination in raw milk.
- M. FDA Warning: Benzocaine
- N. FDA widens scrutiny of NECC by including other suspect products. NECC is company that produced the fungal meningitis.

Records for National Youth Indoors and Youth Outdoors Championships are pending.

Coaches Screening: Saturday December 1, 2012

- 1. Each USA Track & Field Association was given their total number of background check.
- 2. Pacific total for 2012 is 458

3. TcLogiQ total for **2012** is: **4,249**; **2011** total **3.638** and the difference between 2012 and 2011 is **611 more background Check** in **2012**.

Youth Volunteer and Coaches: Read the additional changes on the USA Track and Field Background Screening.

- 1. The cost of background screen is the same. \$8.00.
- 2. Background screen will remain annual basis.
- 3. Convictions for , disclosures of conviction for, and pending dispositions for any of the following crimes, and registrations or sanctions or disclosures for any listed registrations or sanctions, will prompt a determination that an applicant 'does not meet' the criminal background screen criteria.
- 4. Call Norman Wain 1(317) 713-4683. Norman.wain@usatf.org.
- 5. Look at this website for Criminal Background below:

Youth Club: Criminal Background Check Program - Overview



- Begin Your Background Screen
- List of Coaches/Volunteers in Good Standing
- Frequently Asked Questions
- Accept the Code of Conduct and be added to the <u>USATF Coaches Registry</u> (*Note: You must first complete and pass your background screen*). <u>Begin the application process now.</u>

**Beginning on November 1, 2012, USATF will be changing its background screening processes and criteria in an effort to make the process more transparent and easier to follow. These changes are being provided to you in advance to create awareness for our youth volunteers and coaches, and avoid any confusion that could result from these changes. Please see the attached letter for details. **

Program Overview

Sports are supposed to be fun. One way to ensure our sport remains a fun and safe environment for everyone is to perform criminal background screening on coaches and volunteers who have direct contact with youth athletes.

As such, USA Track & Field has implemented a criminal background screening program on coaches and volunteers of youth clubs.

Background Checks have been implemented by USATF to:

- 1. Promote a safe, nurturing, and supportive athletic environment in which youth athletes can pursue their athletic goals;
- 2. Provide an environment where parents can feel good about allowing their child to participate in the sport of track & field; and
- 3. Maintain the sport of track and field as a hostile environment for those who would seek to harm youth athletes.

Please note that this screening is not intended to serve as a pre-employment background screening program, nor can screening guarantee that incidents of abuse by coaches/volunteers will not occur. Background screening is designed as a preventative risk management tool, but does no insure inappropriate behavior will not occur.

Background

In 2006, USA Track & Field (USATF) approved the implementation of a background screening requirement for coaches and volunteers of youth clubs. In 2007 and 2008 the initial steps of the background screening process were conducted at the Association level by Association appointed individuals (Screening Agents) who utilized national and local databases to determine if the coach/volunteer met the qualifications to be a coach/volunteer in good standing. Beginning

March 13, 2009 all background screening will be handled via a centralized online process administered by, an independent third-party company, TC LogiQ, Inc.

Who must submit a background screen (and what are the consequences of not doing so)? All coaches and volunteers who come in contact with youth athletes during registered club practices or other club-related track and field activities must submit a background check. Coaches/volunteers who "pass" their background screening (and are current USATF members) will have their names posted on the USATF web site as being in "good standing." Only these individuals will receive the protection of USATF's club practice insurance liability program. Additionally, if a lawsuit is filed against the club because of an act performed by a coach/volunteer who is not in "good standing" the club will not be covered for the coach/volunteer's actions.

Cost of Background Check

USATF is subsidizing \$10 of the background screening cost. Coaches/volunteers will pay \$8.00 to have a criminal background check performed.

Background Screen Submission/Application

USATF has partnered with TC logiQ to provide a secure online process for coaches/volunteers to submit their background check information. TCLogiQ's system provides the highest level of security and was designed to ensure adherence with the federal Fair Credit Reporting Act (õFCRAÖ).

Begin your secure online background screen here.

If you prefer not to process your background screen online you may request a "manual" submission screen (cost is \$35-45). More Information

Offenses Screened For

The following offenses are being screened for when a background check is performed on an applicant:

- 1. any crimes against children
- 2. any sexual offenses
- 3. drug convictions (within 5 years)
- 4. weapons violations
- 5. assaults, battery or any other crime of violence
- 6. lewd conduct
- 7. Two or more criminal convictions within the past five years and/or three or more criminal convictions as an adult.

Frequency of Screening

The background screen is valid until the end of the USATF membership year during which the background screen was submitted.

Screening Provider

After conducting an extended search, USATF selected TC logiQ, Inc. as its national provider. TC logiQ is a specialty consulting firm that provides professional employment services in the area of pre-employment and volunteer screening. More information about TC logiQ is available on the TC logiQ website. The Technical Support Desk at TC logiQ can be contacted by telephone at 877-825-6447 (ext. 704) or by email.

Frequently Asked Questions

For more information, please read the FAQ.

Brenda Y. Martin USATF-Ohio Membership Chair