



# USATF LDR REPORT

---

AUGUST 2017

## Upcoming Events:

8/25 USATF Masters 1 Mile Championships (Flint, MI)

9/4 USATF 20km Championships (New Haven, CT)

9/16-17 USATF 24 Hour Champs (Cleveland, OH)

9/30 USATF Half Marathon Champs (Hayward, WI)

## From the Desk of the Chair, Mike Scott:

July has been an eventful month for LDR!

I had the opportunity to attend the USATF 10km Championships at the AJC Peachtree Road Race in Atlanta on Independence Day. This was my first time attending the world's largest 10km and I was very impressed with the hard work of the Atlanta Track Club in producing a smooth and seamless event!

At the beginning of the month, USATF announced that the 2020 US Olympic Team Trials – Track & Field will be conducted on June 19-28 at the new facility at Mt. SAC in Walnut, CA.

On July 11, USATF announced the qualifying standards for the 2020 US Olympic Team Trials – Marathon. The standards and full qualification procedures may be found at:  
<http://www.usatf.org/Events---Calendar/2020/U-S--Olympic-Team-Trials---Marathon/QualifyingStandards.aspx>.

The same day, USATF announced the selection procedures for the 2018 IAAF World Half-Marathon Championships in Valencia, Spain. Details are posted at: <http://www.usatf.org/Events---Calendar/2018/IAAF-World-Half-Marathon-Championships.aspx>.

I presented on USATF, USATF development, and the USA Running Circuit at RRCA's RunPro Camp in

Arlington, VA on July 21-22. RRCA produces an outstanding program for these aspiring professional runners with speakers discussing such topics as distance training centers, pro runners support initiatives, anti-doping compliance, elite athlete recruitment, branding and developing relationships in the sport, agents vs self-representation, and many more important topics. This program is a great introduction to the realities of post-collegiate training and competition for any distance runner. Kudos to RRCA for the program!

July concluded with a bang, with Aliphine Tuliamuk and Sam Chelenga winning US titles at the USATF 7-mile championships on Saturday, followed by Team USA winning 5 medals at the World Mountain Running Championships in Premana – including a team gold for the Senior Women! Men's LDR Report Leonard Korir (28:16) won a close battle over Shadrack Kipchirchir (28:17) in the USATF 10km Championship at the AJC Peachtree Road Race in Atlanta. You can read about the details at:  
[http://usatf-womens-10km-championship.runnerspace.com/eprofile.php?event\\_id=2522&do=news&news\\_id=485415](http://usatf-womens-10km-championship.runnerspace.com/eprofile.php?event_id=2522&do=news&news_id=485415).

## Men's LDR Report:

Leonard Korir (28:16) won a close battle over Shadrack Kipchirchir (28:17) in the USATF 10km Championship at the AJC Peachtree Road Race in Atlanta. You can read about the details at:  
[http://usatf-womens-10km-championship.runnerspace.com/eprofile.php?event\\_id=2522&do=news&news\\_id=485415](http://usatf-womens-10km-championship.runnerspace.com/eprofile.php?event_id=2522&do=news&news_id=485415).

Sam Chelenga pulled away over the final two miles in the USATF 7-mile championship at the Quad-City Times Bix 7, winning in 32:53. Scott Fauble claimed second in 33:01.

---

Race story at: [http://usa-7mile.runnerspace.com/eprofile.php?event\\_id=2516&do=news&news\\_id=486648](http://usa-7mile.runnerspace.com/eprofile.php?event_id=2516&do=news&news_id=486648).

The USARC standings following the 7-mile Championship:

1. Leonard Korir (\$38,100) 75 points
2. Sam Chelenga (\$29,600) 65 points
3. Shadrack Kipchirchir (\$14,000) 40 points
4. Christo Landry (\$10,000) 33 points
5. Jonathan Grey (\$4,700) 23 points

Full standings at: [http://usatfrunningcircuit.runnerspace.com/gprofile.php?do=title&title\\_id=357&mgroup\\_id=30069](http://usatfrunningcircuit.runnerspace.com/gprofile.php?do=title&title_id=357&mgroup_id=30069).

The London 2017 men's marathon squad consists of Bobby Curtis, Elkanah Kibet, and Augustus Maiyo. They will race on Sunday, August 6.

#### **Women's LDR Report:**

Aliphine Tuliamuk surged away from the field in the USATF 10km Championship at the AJC Peachtree Road Race in Atlanta to win in 32:49. Sarah Pagano finished strongly to claim second in 33:01 ahead of Jordan Hasay in 33:08. Race report: [http://usatf-womens-10km-championship.runnerspace.com/eprofile.php?event\\_id=2522&do=news&news\\_id=485415](http://usatf-womens-10km-championship.runnerspace.com/eprofile.php?event_id=2522&do=news&news_id=485415)

Tuliamuk dominated the USATF 7-mile championship at the Quad-City Times Bix 7, winning by over a minute in 36:30. Marielle Hall earned runner-up honors in 37:34. Race story at: [http://usa-7mile.runnerspace.com/eprofile.php?event\\_id=2516&do=news&news\\_id=486648](http://usa-7mile.runnerspace.com/eprofile.php?event_id=2516&do=news&news_id=486648).

The USARC standings following the 7-mile Championship:

1. Aliphine Tuliamuk (\$42,400) 90 points
2. Neely Gracey (\$16,900) 54 points
3. Natosha Rogers (\$13,400) 32.5 points
4. Jordan Hasay (\$17,000) 32.5 points
5. Laura Thweatt (\$4,500) 22.5 points

Full standings at: [http://usatfrunningcircuit.runnerspace.com/gprofile.php?do=title&title\\_id=357&mgroup\\_id=30069](http://usatfrunningcircuit.runnerspace.com/gprofile.php?do=title&title_id=357&mgroup_id=30069).

Serena Burla, Amy Cragg, and Lindsay Flanagan will be representing Team USA in the London 2017 marathon on Sunday, August 6.

#### **Masters LDR Report:**

At the Boilermaker 15K in Utica NY on July 9, 2017, Kevin Castille took first place as the Overall Masters winner in 46:11. This performance bettered the current Men's 45-49 US record time of 48:00, established by Bill Rodgers in the same race on July 9, 1995.

Whether you are a speedy middle distance runner, still in shape for the outdoor track season, or a swift 5k to 10K specialist, why not show your fitness at the Michigan Mile, the host for the 2017 USATF Masters 1 Mile Road Championship? If you aspire to be the 2017 National Road Mile Masters Champion, whether Overall, Age-Graded, or Age Division, this is the race for you! The race is part of the iconic HAP Crim Festival of Races in Flint Michigan the evening of Friday, August 25 2017. Details at: <http://www.usatf.org/Events---Calendar/2017/USATF-Masters-1-Mile-Championships.aspx>.

Registration at: <https://www.usatf.org/Events---Calendar/2017/USATF-Masters-1-Mile-Championships/Entry-Form.aspx>.

The full fall schedule of the 2017 Masters Grand Prix includes:

USATF 5K Masters Championship at the Syracuse Festival of Races, Syracuse NY on October 1 2017. Details at: <http://www.usatf.org/Events---Calendar/2017/USATF-Masters-5-km-Championships.aspx>.

USATF 5km Masters Cross Country Championship at Franklin Park in Boston MA on October 15 2017. Details at: <http://www.usatf.org/Events---Calendar/2017/USATF-Masters-5-km-Cross-Country-Championships.aspx>.

USATF 15K Masters Championship at the Federal Credit Union Tulsa Run, Tulsa OK on October 28 2017. Details at: <http://www.usatf.org/Events---Calendar/2017/USATF-Masters-15km-Championships.aspx>.

USATF National Club Cross Country Championship at Masterson Station Park in Lexington KY on December 9 2017.

Mark your 2018 Calendar for:

USATF 8K Masters Championship hosted by the Yuengling Shamrock Marathon Weekend on Saturday March 17 2018.

USATF 10K Masters Championship hosted by the James Joyce Ramble on Sunday April 29 2018

#### **Mountain/Ultra/Trail (MUT) Report:**

WMRA Mountain Championships & Congress (Premana, Italy)

To say Team USA had an amazing day on the rugged trails of Premana, Italy, at the 33rd World Mountain Running Championships would be an understatement. With three team medals and two individual medals, there were many USA flags waving in the warm breezes of Northern Italy.

The day started with a bronze medal for USA's Talon Hull who cranked out a time of 28:01 on the challenging 6.5-kilometer course, which boasted over 1800 vertical feet of climbing. Hull led the men to a sixth-place finish with teammates Joseph Simmons in 22nd place with a time of 30:11, Jackson Brill in 29th place in 30:55, and Nate Fedel with a time of 32:58. (The top three score for the team

result.).

In the first year junior men and junior women ran the same distance, USA's Lauren Gregory added a second bronze to the medal collection with a time of 33:33, and led her squad to a silver medal. Teammates Quinn McConnell finished in 11th with a time of 35:11, Soleil Gaylord finished in 16th position timed in 36:04, and Julia Jaschke finished in 38th with a time of 40:03.

Then it was time for the senior women to tackle the course, but this time, it was two laps on the 6.5-kilometer route, the same distance as the senior men would run. The depth of our US women earned the squad a gold medal with Allie McLaughlin finishing fifth with a time of 1:06:06, followed by Addie Bracy in eighth with a time of 1:07:46, Kasie Enman in 13th with a time of 1:09:11, and Caitlin Patterson in 23rd with a time of 1:12:14.

Gutsy running by the US senior men led the squad to a bronze-medal podium finish. With Uganda sweeping the top three positions and clenching the gold medal, it was a race for silver and gold. First across the line for Team USA was Joseph Gray with a fourth-place finish timed in 55:35. Patrick Smyth finished in eighth place with a time of 57:19, followed by Brett Hales in 22nd with a time of 59:30, and Andy Wacker in 30th place with a time of 1:00:52. The home team of Italy earned silver.

Complete results are available at:

<http://www.corsainmontagna.it/2017/07/30/premana-1c-campionato-mondiale-corsa-montagna-full-results/>.

NACAC Mountain Running Championships team announced USATF's MUT Council announced the six member team that will compete at the September 24 NACAC Mountain Running Championships in Golden, BC, Canada. The team consists of Soleil Gaylord, Kim Nedeau, Megan Roche, Josh Eberly, David Fuentes, & Mike Popejoy.

For more details visit: <http://trailrunner.com/trail-news/team-usa-announced-nacac-mountain-running-championships/>.

USATF Niagara will host a 100 Centurion Racewalk on September 23-24 in Oswego, NY. More information can be found at <https://raceroster.com/events/2017/10378/not-just-a-walk-in-the-park-v20>.

**Cross Country Report:**

Upcoming 2017 Championships:

October 15 USATF Masters 5km Cross Country Championships (Boston, MA)

December 9 USATF National Club Cross Country Championships (Lexington, KY)

Association Cross Country Champions Travel Grant Program

The popular travel grant program for men's and women's Association Cross Country Championship teams returns for the 2017 season. The winning club men's team and women's team at your USATF Association Cross Country Championship are each eligible for \$500 in reimbursements for travel to the 2017 USATF National Club Cross Country Championships in Lexington, KY on December 9.

Details, deadlines, and the required form may be found under the link "Grant Program" on the event page at <http://www.usatf.org/Events---Calendar/2017/USATF-National-Club-Cross-Country.aspx>.

**Road Running Technical Council Report:**

None submitted

**Athletes Report:**

None Submitted

**From the Board:**

None Submitted