

Thanks for supporting my attending the USATF Annual Meetings. I enjoyed it and learned a lot about how USATF operates. It resulted in greater appreciation of USATF as an organization. I attended sessions Thursday, Friday, Saturday and the closing session on Sunday. **Mary Hartzler**

Thursday Masters T&F/LDR AntiDoping Seminar presented by USADA

A concern is how to better educate the athletes. Lack of funding doesn't allow them to travel and give seminars all across the country, so retired athletes are helping out by being presenters at seminars. USADA has webinars available, just request. Testing is expensive (\$500/test), therefore the amount of testing at Masters meets is limited. TUE was explained in detail and supplements were discussed and information given on third party testing agencies for supplements you may take. We were informed of the PlayClean tip line. There are no big changes for 2019...no new substances added just some clarifications. I attended the Opening General Session in the PM. Enjoyed it!

Friday (2) Masters T&F General Sessions (AM & PM) & Midwest Association Meeting

I was voted to be one of the Active Athletes. We discussed why Masters T&F have to have Safe-Sport training and background checks. We heard reports from the people in charge of Masters Indoor and Outdoor Championships to be held in Winston-Salem, NC. and Ames, Iowa respectively. They then answered our questions and concerns about their meets. Sandy Triolo has overseen improvement of Masters communication to athletes with use of You Tube and Facebook page and group. The USATFMasters.org website has been redone. We voted on a new delegate and alternate to WMA. Discussed and passed wording changes to competition rules to better align with WMA rules.

At the Midwest Association meeting, we shared meet information and discussed location & dates of future meets. We would like to have a regional throws championship but location with 5 throwing areas that don't overlap is a concern. Where masters athletes can train was discussed. Facilities are limited where we are allowed to train...especially facilities for jumpers, throwers and indoor running. It was suggested that our USATF officials might tell colleges and universities to allow masters athletes to use their facilities and then they will officiate at their meets.

Saturday Masters T&F General Session (AM) & Joint Masters T&F/LDR (PM)

I voted in the general election in the AM and then attended the Masters T&F general session where we heard bids by the 2021 indoor & outdoor championships. The games committee will visit both sites before signing a contract. We heard reports from the budget & finance committee. The club ethics task force gave their report. We need a chairperson for the Hall of Fame committee. Meet volunteers must have Safe-Sport training. Persons under 16 yrs of age and First Responders are exempt.

In the joint T&F/LDR session we heard a WMA report and entry deadlines for WMA indoor Championships. Regional NCWMA meets were discussed as well as desire for athlete awards from these meets. We heard a report from International Women's Representative to WMA and issues related to transgender athletes.