



# USATF LDR REPORT

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JUNE 2017

## Upcoming Events:

Jun. 3 USATF 50 Mile Trail Championship (Ithaca, NY)

Jun. 3 USATF Mountain Running Championship

(North Conway, NH)

July 4 USATF 10K Championship (Atlanta, Ga.)

## From the Desk of the Chair, Mike Scott

Quite the exciting spring marathon season and some excellent racing at various USA championships over the past month! I'm looking forward to attending this weekend's USA Mountain Running Championships as well as watching our top LDR athletes competing at various track races this, including the USA Outdoor Championships at the end of the month. Read on for this month's LDR News:

## Men's LDR Report

IAAF World Championship Team Selections:

The first three members of Team USATF have been named for the IAAF World Championships in London this August, USATF announced Thursday. Team USATF men will be represented in the marathon by Abdi Abdirahman (Tucson, Arizona), Bobby Curtis (Louisville, Kentucky) and Augustus Maiyo (Fort Carson, Colorado). Abdirahman was a member of the 2012 Olympic Track & Field Team that competed in London.

The men's marathon will held on Sunday, August 6 jointly with the women's championship. The men will toe the line at 10:55 a.m. GMT (5:55 a.m. ET) and the women will follow at 2:00 p.m. GMT (9 a.m. ET).

The 26.2 mile route will start and finish at Tower Bridge in central London. Fans can view a video of the course route on the official website of the IAAF World Championships - London 2017. With the backdrop of the start of the races provided by the

historic Tower of London, the route will comprise four laps of a 10km course on closed roads, heading west along Victoria Embankment towards the Houses of Parliament, then back alongside the River Thames to St Paul's Cathedral, and returning to the Tower of London.

The rest of Team USATF competing in London will be selected at the 2017 USATF Outdoor Championships in Sacramento, California. Tickets are available now at [sacsports.com/2017usatf](http://sacsports.com/2017usatf).

USATF 25K Championship:

Using an incredible amount of crowd support Olympian Dathan Ritzenhein was back to his winning ways at the USATF 25 km Championships.

The USATF 25 km Championships, hosted by the Fifth Third River Bank Run, are the fifth stop on the 2017 USATF Running Circuit.

Next up on the circuit, the USATF 10 km Championships take place on July 4 in Atlanta, Georgia.

After five events the Circuit standings are: 1) Leonard Korir 60 points 2) Sam Chalenga 40 points 3) Christo Landry 33 points

## Women's LDR Report

IAAF World Championship Team Selections:

The first three members of Team USATF have been named for the IAAF World Championships in London this August, USATF announced Thursday. Team USATF women will be represented in the marathon by Serena Burla (St. Louis, Missouri), Amy Cragg (Leavenworth, Kansas) and Laura Thweatt (Durango, Colorado).

Cragg was a member of the 2012 Olympic Track & Field Team that competed in London, and finished ninth in her first Olympic marathon in Rio.

The women's marathon will be held on Sunday, August 6 jointly with the men's championship. The men will toe the line at 10:55 a.m. GMT (5:55 a.m. ET) and the women will follow at 2:00 p.m. GMT (9 a.m. ET).

The 26.2 mile route will start and finish at Tower Bridge in central London. Fans can view a video of the course route on the official website of the IAAF World Championships - London 2017. With the backdrop of the start of the races provided by the historic Tower of London, the route will comprise four laps of a 10km course on closed roads, heading west along Victoria Embankment towards the Houses of Parliament, then back alongside the River Thames to St Paul's Cathedral, and returning to the Tower of London.

The rest of Team USATF competing in London will be selected at the 2017 USATF Outdoor Championships in Sacramento, California. Tickets are available now at [sacsports.com/2017usatf](http://sacsports.com/2017usatf).

#### USATF 25K Championship:

Defending champion Aliphine Tuliamuk outlasted Neely Gracey to win the women's USATF 25 km Championships.

The USATF 25 km Championships, hosted by the Fifth Third River Bank Run, are the fifth stop on the 2017 USATF Running Circuit.

Next up on the circuit, the USATF 10 km Championships take place on July 4 in Atlanta, Georgia.

#### **Masters LDR Report**

Masters LDR held its USATF Half Marathon National Championship on Sunday, May 7 2017.

In San Diego the last two years, we were hosted this

year by the Orange County Marathon/Half Marathon. Starting at 6:15 a.m. in Newport Beach CA, it is a gorgeous setting for a Half Marathon. Normally sunny and cool, the weather played a trick on us; it poured for the 20-minutes leading up to the race. With soaking wet gear from shoes to caps, but undamped spirits, the hardy Masters Runners took off when the horn sounded.

The top Age Grade performances were turned in by Mike McManus, 51, of the Hoka NJ/NY Track Club, who ran 1:14:03 for an 88.75% score, and Jeanette Groesz, 67, of Oregon's Team Red Lizard, whose 1:45:03 merited an 88.58%.

David Angell's bid for his third overall win this year eluded him as John Gardiner of the Cal Coast Track Club took the HM title for the first time, in 1:10:46, with newcomer, Jose Merino, a minute back and Angell close in 3rd.

Amy Halseth of Prado Racing out of San Diego led wire to wire in 1:23:05, with local favorites, Donna Mills-Honarvar, of A Snail's Pace RC, and Ingrid Walters, of the Jane's Elite Racing, in 2nd and 3rd in 1:24:32 and 1:24:57. Kevin Broady, Honor Fetherston, and Doreen McCoubrie had the honor of making the Age-Grading podium and winning their Age Division National Championships.

West Coast teams dominated the team contest; Cal Coast TC took all 3 titles on the Men's side, M40+, M50+, and M60+. Southern California's Jane's Elite Racing claimed 1st in Women's 40+ and 50+. Oregon's Team Red Lizard won the Women's 60+ title.

The USATF Masters Grand Prix moves from the West Coast to the Great Lakes for the USATF Masters One Mile Championships in Flint Michigan on Friday, August 25th.

The remainder of the Masters Grand Prix schedule is posted at <http://www.usatf.org/MGP.aspx>. It includes

the following Masters National Championships:

- October 1: 5K / Hosted by Syracuse Festival of Races / Syracuse NY
- October 15: 5K XC / At Franklin Park / Boston MA
- October 28: 15K / Hosted by Federal Credit Union Tulsa Run / Tulsa OK
- December 9: Club XC Championships / Lexington KY

The Masters LDR Committee is currently seeking to firm up races and dates for the 2018 and 2019 Masters Grand Prix Circuits. If you want to encourage a Race Director in your area to submit a bid, please first visit the Masters LDR section of the Bids page at: <http://www.usatf.org/groups/EventDirectors/bids/openBids.asp>. This page is only updated after a bid is submitted and an agreement approved. So it is also useful to contact one of our Championships Co-Chairs, Paul Carlin ([therunningprof@gmail.com](mailto:therunningprof@gmail.com) / 317-372-0267) or Lloyd Hansen ([hansen.lloyd@yahoo.com](mailto:hansen.lloyd@yahoo.com) / 248-952-4150) to learn if there is a bid in process already.

### **Mountain/Ultra/Trail (MUT) Report**

It is a very busy month for MUT as we have started to name some of our international teams to include USA 24 Hours - slated to compete at the IAU 24 Hours World Championships on July 1st, in Ireland.

The course is concrete surface, 1653 meters (1.02 miles), and a width of 4 meters (13 feet). It is located at Victoria Park near the Belfast City Airport.

Men's Team: Olivier Leblond, Peter Kostelnick, Harvey Lewis, Jon Olsen, Steve Slaby, Rich Riopel.  
Women's Team: Katalin Nagy, Traci Falbo, Jennifer Hoffman, Courtney Dauwalter, Pam Smith, Gina Slaby. Staff: Team Leader, Howard Nippert, Asst. Team Leader, Zane Holscher, Team Doctor, Dr. Andrew Lovy.

The US Trail Team to compete in Badia Prataglia, Italy on June 10th at the Sacred Forests Race includes: Staff - Richard Bolt, Team Leader; Jason

Bryant, Asst. Team Leader, Athletes - Men: Cody Reed, Tyler Sigl, Mario Mendoza, David Roche, Hayden Hawks, Andy Wacker. Women: Caitlin Smith, Anita Ortiz, Ladia Albertson-Junkans, YiOu Wang, Keely Henninger, Megan Roche.

The US Youth Team to compete in the WMRA Youth International Cup in Gagliano del Capo, Italy on June 24th includes Soleil Gaylord, Mary Fox, Joslin Blair for the girls and Jamison Cartwright, Nathan Davis, and Tyler Scholl for the boys. Team Staff includes Nancy Hobbs and Mark Weeks.

The US Long Distance Mountain Running Team to compete in the WMRA World Mountain Running Long Distance Championships on August 6th in Premana, Italy includes: Men: Mario Mendoza, Tayte Pollmann, Andy Wacker, Matt Daniels, Cole Watson. Women: Addie Bracy, Anita Ortiz, Kristi Spravzoff (Knecht), Kasie Enman, Daniella (Dani) Moreno. Team Staff: Richard Bolt and Nancy Hobbs (attending as WMRA). MUT may add another staff member.

Upcoming championships include the USATF Mountain Running Championships on Saturday, June 3rd in Cranmore, NH, where the US Mountain Running Team (seniors) will be selected (four men and four women). The junior team (four junior men, four junior women), will be named shortly thereafter. The World Mountain Running Championships will be on July 30th in Premana, Italy.

Michael Wardian has agreed to sit on the Diversity and Leadership committee. On April 23rd - 24th, Chairperson Nancy Hobbs traveled to Spokane, WA, for a site visit at the Spokane River Run. The event in concert with the Spokane Sports Commission and USATF Inland NW is considering hosting a championship in 2018. Details here: <http://trailrunner.com/trail-news/spokane-river-run-celebrates-14-years/>.

## **Cross Country Report**

With the cross county "season" complete with the IAAF World Championships it is now time to look toward the future.

The upcoming season schedule will feature:

Masters 5k Cross Country Championships, October 15 to be held at Franklin Park in Boston, MA

National Club Cross Country Championships, December 9 to be held in Lexington, KY

Both the 2018 and 2019 USA National Championships will be held in Tallahassee, on the first Saturday of February.

The 2018 National Club Championships have been awarded to Spokane, WA and will be held on December 8.

Time lines for bids for future editions of all three championships will be July 1. For more information please contact Thom Hunt, coachhunt619@gmail.com and Bill Quinlisk, billqxc@verizon.net.

## **Road Running Technical Council Report**

None submitted

## **Athletes Report**

The AAC will be during the Outdoor Championships in Eugene. USADA Webinar July 5, 2016 8 PM EST  
TrueSport/ Youth Anti-Doping Measures

## **From the Board**

None Submitted