

**USATF ANNUAL MEETING 2013
JW MARRIOTT
INDIANAPOLIS, IN
FROM ELINOR TOOTLE**

WOMEN'S LONG DISTANCE RUNNING (LDR)

The focus of WLDR continues to be growing the sport on the track and on the road. Several means are available to grow the sport: The Athlete Development Program (ADP) and the addition of the 12k race. ADP had 6 participants during 2013 on three levels: 15k, 25k, and ½ Marathon, two ADP participants per race. It is hoped that an increase in funding will allow more women to get supplemental assistance to train and enter more championship events. It is suggested that the Associations match funds available from ADP to further assist the athlete. Typically the LOC provides funds from the event host. The Association should verify with the LOC event coordinator or director to ascertain the amount of funds available.

The 12km Championship was added in 2013 and was mildly successful. This event is scheduled for the next three years.

There will be 13 Women Championships in 2014. They are far enough apart to allow athletes to train for each and recover before having to run again. USATF points earned for running championship events are important in being selected for overall running circuit championship. There have been bids for the 5k for the next two years but bids are needed for the 8k and other championship distances over the next 5 years. Applications are available on the LDR website. The Website will also have a list of the prize money available. Darren DeReuck should be contacted if one is interested in hosting a championship event. Hopefully Associations will opt to include one or both events during the year.

Guidelines for selecting the USATF Team for IAAF Half Marathon Championships were reviewed. The top three from the National Championship plus two at large selections based on fastest times as long as they meet the A/B standards between July 1 and January 1.

COURSE CERTIFICATION

Any Championship event course must be pre-verified by two IAAF officials (A/B Certifiers) measuring the course. This is required for validation of any record times. Gene Newman is the chair of RRTC.

Women's LDR Road Records 2014

The following records were approved: 12/06/2013

Open 10 mi	53:28	Janet Bawcom	age 34	Cherry Blossom	Wash, DC	04/07/2013
Open 12km	37:50	Molly Huddle	age 29	US 12K Champ	Alexander, VA	11/17/2013
Open 25km	1:24:36	Janet Bawcom	age 33	Run	Grand Rapids, MI	05/12/2012
Open 24 hrs	244669m	Sabrina Little	age 24	IAU 24hrs	Steenbergen HOL	05/12/2013
A/comers 144 hrs	825417m	Cunningham	50 yrs	SriChinmoy 6-day	New York, NY	05/07/2009

This last one is pending validation.

Olympic Trials 2016

The men and women Marathon trials will be held on the same day at the same venue at a site to be determined. Houston, Boston and New York are the previous hosts. Currently both Houston and Los

Angles are being reviewed as the host with Cincinnati having been eliminated earlier. Runners will have until October to achieve the standard to participate in the Trials.

Female Long Distance Runner of the year was Molly Huddle.